

Dr. Tarpan H. Shah, MPT (Cardio-Pulmonary), Ph.D., DNHE, a faculty member at Shrimad Rajchandra College of Physiotherapy, Uka Tarsadia University, Bardoli, Surat, delivered an interdisciplinary session as a Resource Person on "Low Back Pain: Do's & Don'ts" on December 23rd, 2024. This session, organized by the Academic Development Cell of Uka Tarsadia University, aimed to provide Physiotherapy and Nursing students with comprehensive, multidisciplinary insights into the management and prevention of low back pain. The session successfully bridged knowledge across disciplines, enhancing the students' understanding of this common condition from both physiotherapeutic and nursing perspectives.